

\*Measure Waisffine\*

rainers SIZE CHART

1.76

ITEM SIZE		ITEM LENGTH (CM)	ITEM HEIGHT		YOUR WAISTLINE (CM)
XS		63	29.21		57.4-62.48
S		68	29.21		62.48-68.58
М		73	29.21		68.58-73.66
L		78	29.21		73.66-78.74
XL	h	83	29.21		78.74-83.82
2X		88	29.21		83.82-89.66
3X	1	93	29.21		89.66-96.01
4X		98	29.21		96.01-103.63
5X		103	29.21		103.63-111.7
6X		108	29.21	53.	111.76-120

NOTE: Please measure your waistline at about 1 inch above your belly button, before choosing your correct size. Importantly, please don't choose this waist trainer size according to your other clothes sizes...